

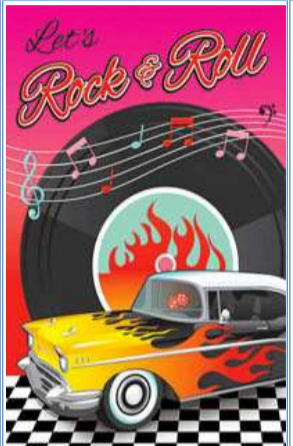







BD Activities Program

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<p>1</p> <p>9am – 10:30am: Motiview w/ Chalky O</p> <p>9:30am: Portrait Painting w/ John Brain</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Marbles</p> <p>2pm: Piano Singalong w/ Geoff Murray</p>	<p>2</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Pictionary</p> <p>1pm – 4pm: Motiview</p> <p>1:30pm: Happy Hour</p>	<p>3</p> <p>9:30am: Bus Outing – Father's Day BBQ Fundraiser at Gubbins</p> 	<p>4 FATHER'S DAY</p> <p>All-Day: Self-directed Activities and Special Interest Groups</p>
<p>5</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Word Games w/ Glennis + Deidre</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie A</p> <p>1:30pm: Trivia</p>	<p>6 ROCK N ROLL THEMED RESIDENTS MEETING</p> <p>9am – noon: Motiview w/ Tony W</p> <p>10am: Resident Meeting (Activities Lounge)</p> <p>11am: Rock n Roll Name the Icon Competition</p> <p>1:30pm: Carpet Bowls</p>	<p>7</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bocce Spider-Bowls</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie</p> <p>1:30pm: Art Group – Rock n Roll themed Painting</p>	<p>8 R U OK DAY</p> <p>9am – 10:30am: Motiview w/ Chalky O</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Outdoor Sensory Garden Club</p> <p>1:30pm: Classic Cinema Movie Afternoon</p> 	<p>9</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Readers' Theatre</p> <p>1pm – 4pm: Motiview</p> <p>1:30pm: Happy Hour</p>	<p>10</p> <p>All-Day: Self-directed Activities and Special Interest Groups</p>	<p>11</p> <p>10am: Sunday Morning Coffee Club w/ Wendy</p> <p>2pm: Chapel Service w/ Les + Jacky K</p> 
<p>12</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Word Games</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie A</p> <p>1:30pm: Trivia</p>	<p>13</p> <p>9am – noon: Motiview w/ Tony W</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bingo</p> <p>1:30pm: Carpet Bowls</p>	<p>14 NATIONAL CREAM-FILLED DONUT DAY</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bocce Spider-Bowls</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie</p> <p>1:30pm: Art Group – Still-Life Drawing</p>	<p>15 WORLD MAKE-A-HAT DAY</p> <p>9am – 10:30am: Motiview w/ Chalky O</p> <p>9:30am: Portrait Painting w/ John Brain</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Marbles</p> <p>2pm: Piano Singalong w/ Geoff Murray</p>	<p>16 TULIP TIME BEGINS / PAPUA NEW GUINEA DAY</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Kokoda Race</p> <p>1pm – 4pm: Motiview</p> <p>1:30pm: Happy Hour (Papua New Guinean-Themed)</p>	<p>17</p> <p>All-Day: Self-directed Activities and Special Interest Groups</p>	<p>18</p> <p>All-Day: Self-directed Activities and Special Interest Groups</p> 
<p>19</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Word Games</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie A</p> <p>1:30pm: Trivia</p>	<p>20</p> <p>9am – noon: Motiview w/ Tony W</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bingo</p> <p>1:30pm: Carpet Bowls</p>	<p>21 INTERNATIONAL DAY OF PEACE</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bocce Spider-Bowls</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie</p> <p>1:30pm: Bus Outing - Art Group: Tulip Drawing at Corbett Gardens</p>	<p>22</p> <p>9am – 10:30am: Motiview w/ Chalky O</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Outdoor Sensory Garden Club</p> <p>1:30pm: Bus Outing: Picnic at Corbett Gardens</p>	<p>23</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Pictionary</p> <p>1pm – 4pm: Motiview</p> <p>1:30pm: Happy Hour</p>	<p>24</p> <p>All-Day: Self-directed Activities and Special Interest Groups</p>	<p>25</p> <p>10am: Sunday Morning Coffee Club w/ Wendy</p> <p>2pm: Chapel Service w/ Les + Jacky K</p> 
<p>26 NATIONAL PANCAKE DAY</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Whiteboard Word Games</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie A</p> <p>1:30pm: Bus Outing: Pancakes at the Gardens</p>	<p>27 NATIONAL SCARF DAY</p> <p>9am – noon: Motiview w/ Tony W</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bingo</p> <p>1:30pm: Carpet Bowls</p>	<p>28</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Bocce Spider-Bowls</p> <p>1:30pm – 3:30pm: Motiview w/ Robbie</p> <p>1:30pm: Art Group – Charcoal Sketching</p>	<p>29 CONFUCIUS DAY</p> <p>9am – 10:30am: Motiview w/ Chalky O</p> <p>9am: Bus Outing: Portrait Painting w/ John Brain at Corbett Gardens</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Marbles</p> <p>2pm: Piano Singalong w/ Geoff Murray</p>	<p>30</p> <p>9am – 10:30am: Motiview</p> <p>10am: 'Get Moving!' w/ Physio (Exercises)</p> <p>10:30am: Readers' Theatre</p> <p>1pm – 4pm: Motiview</p> <p>1:30pm: Bus Outing: Happy Hour at Corbett Gardens</p>	