



Burradoo Activities Program

Autumn 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| <p>8:30am onwards: Motiview</p> <p>9:30am: Get Moving Class #1</p> <p>10:30am: Get Moving Class #2</p> <p>11am: Word Puzzles & Trivia</p> <p>Noon: Lunch</p> <p>1:30pm: Carpet Bowls</p> | <p>8:30am onwards: Motiview</p> <p>9:30am: Harbison Playgroup in Jensen Room</p> <p>9:30am: Get Moving Class #1</p> <p>10:30am: Get Moving Class #2</p> <p>10:30am: Bingo</p> <p>Noon: Lunch</p> <p>1pm: Men's Fella'ship Group</p> <p>1:30pm: Community Garden Coffee Club</p> | <p>8:30am onwards: Motiview</p> <p>9:30am: Activities w/ Ann in South Cottage</p> <p>9:30am: Get Moving Class #1</p> <p>10:30am: Get Moving Class #2</p> <p>11am: Bocce Spider-Bowls</p> <p>Noon: Lunch</p> <p>1:30pm: Creative Art Hour</p> <p>2pm: Master Balance in the Gym</p> | <p>8:30am onwards: Motiview</p> <p>9:30am: Harbison Playgroup in Jensen Room</p> <p>9:30am: Get Moving Class #1</p> <p>10:30am: Get Moving Class #2</p> <p>11am: Hoy!</p> <p>Noon: Lunch</p> <p>1pm: Knitting Group (1st and 3rd Thurs of each month Only)</p> <p>1:30pm: Chapel, Devotional, and Spiritual Group (2nd and 4th Thurs of each month Only)</p> <p>2pm: Piano Singalong w/ Geoff (1st and 3rd Thurs of each month Only)</p> | <p>8:30am onwards: Motiview</p> <p>9:30am: Get Moving Class #1</p> <p>10am: Catholic Communion w/ Corpus Christi Parish (see staff if interested)</p> <p>10:30am: Get Moving Class #2</p> <p>11am: Marbles</p> <p>Noon: Lunch</p> <p>1:30pm-3:30pm: HAPPY HOUR</p> <p>1:30pm: Bridge Club (Fortnightly)</p> <p>2pm: Master Balance in the Gym</p> <p>2pm: Chevalier College Students Visit (North Cottage)</p> |