

# BURRADOO ACTIVITIES

## SPRING 2023

### MONDAY

**8:30am-11:00am**

Motiview\*\*

(Last Riders on by 10:30am)

**10:00am**

'Get Moving'  
with Physio

**10:30am**

Word Puzzles & Trivia

**1:00pm**

'Get Moving'  
with Physio  
(The Cottage only)

**1:30pm**

Carpet Bowls

**3:00pm**

Musical Movie Mondays

### TUESDAY

**8:30am-11:00am**

Motiview\*\*

(Last Riders on by 10:30am)

**9:30am**

Harbison Playgroup  
(Jensen Room, School Term only)

**10:00am**

'Get Moving'  
with Physio

**10:30am**

Bingo!

**1:30pm**

Music & Poetry  
Group

**3:00pm**

Table-Tennis Tourney

### WEDNESDAY

**8:30am-11:00am**

Motiview\*\*

(Last Riders on by 10:30am)

**10:00am**

'Get Moving'  
with Physio

**10:30am**

Marbles

**1:30pm**

Creative Art  
& Craft Hour

**2:00pm**

'Master Balance'  
in Gym\*

### THURSDAY

**8:30am-11:00am**

Motiview\*\*

(Last Riders on by 10:30am)

**9:30am**

Harbison Playgroup  
(Jensen Room, School Term only)  
'Helping Hands' with Physio\*

**10:00am**

'Get Moving' with Physio

**10:30am**

Hoy!

**1:00pm**

St.Judes' Bowral Anglican  
Fellowship Group  
(Chapel, 3rd Thu only)

Knitting Group  
(1st & 3rd Thu)

**1:30pm**

Chapel Service  
(2nd & 4th Thu)

**2:00pm**

Piano Singalong  
(1st & 3rd Thu)

### FRIDAY

**8:30am-11:00am**

Motiview\*\*

(Last Riders on by 10:30am)

**From 9:30am**

Catholic Communion

**10:00am**

'Get Moving'  
with Physio

**10:30am**

Bocce Spider Bowls

**1:30pm-3:30pm**

HAPPY HOUR!  
(incl. Karaoke Singing  
& Storytelling)

**2:00pm**

Bridge Club  
(fortnightly, requires groups of 4)

'Master Balance'  
in Gym\*

\*\*Requires Membership

\*Requires booking. Please see the Allied Health Team