# BURRADOO ACTIVITIES SUMMER 2023/24

#### MONDAY

8:30am-10:30am

Motiview\*\*

10:00am

'Get Moving' with Physio

10:30am

Word Puzzles & Trivia

1:00pm

'Get Moving' with Physio (The Cottage only)

1:30pm

Carpet Bowls

3:00pm

Movie Mondays in the Cinema

## **TUESDAY**

8:30am-10:30am

Motiview\*\*

9:30am

Harbison Playgroup (Jensen Room, School Term only)

10:00am

Piano Singalong or Word Puzzles in The Cottage

10:00am

'Get Moving' with Physio

10:30am

Bingo!

1:30pm

Men's 'Fella'ship Group

1:30pm

Creative Art Hour in The Cottage

## WEDNESDAY

8:30am-10:30am

Motiview\*\*

10:00am

'Get Moving' with Physio

10:30am

Marbles

1:30pm

Creative Art Hour

1:30pm

Ladies Leisure Group

2:00pm

'Master Balance' in Gym\*

## **THURSDAY**

8:30am-10:30am

Motiview\*\*

9:30am

Harbison Playgroup (Jensen Room, School Term only) 'Helping Hands' with Physio\*

10:00am

'Get Moving' with Physio

10:30am

Music OR Poetry Group
(Alternating weekly)

1:00pm / 2:00pm

Knitting Group w/ Pam followed by Piano Singalong w/ Geoff (1st & 3rd Thu)

1:00pm

St.Judes' Bowral Anglican Fellowship Group (Chapel, 3rd Thu only)

1:30pm

Chapel Service (2nd & 4th Thu)

### FRIDAY

8:30am-10:30am

Motiview\*\*

From 9:30am

Catholic Communion

10:00am

'Get Moving' with Physio

10:30am

Bocce Spider Bowls

1:30pm-3:30pm

HAPPY HOUR!!

(Selected range of Alcoholic and Non-Alcoholic beverages Free of charge in the Cinema Lounge between these times)

2:00pm

Bridge Club (fortnightly, requires groups of 4 or more)

> 'Master Balance' in Gym\*