MOSS VALE ACTIVITIES SPRING 2024

PLEASE NOTE THAT DURING THE MONTH OF OCTOBER, MOTIVIEW ROAD WORLDS FOR SENIORS COMPETITION WILL TAKE PRECEDENT OVER SEVERAL ACTIVITIES. PLEASE SEE STAFF IF YOU SEEK CLARIFICATION DURING THIS TIME

MONDAY

8:30am-noon Motiview**

8:30am
Grandfriends Outing**
(Oxley Pre-K)

9:30am

Catholic Communion*

(Individual visits: 1st & 3rd Mon)

10:00am

'Get Moving' w/ Physio

10:30am

Bocce Spider Bowls
(Penrose Lounge; 1st, 3rd & 5th Mon)
OR
Spring Garden Group
(2nd & 4th Mon)

1:30pm

Scenic Bus Tour*

1:30pm

Ladies' Leisure Group

TUESDAY

8:30am-noon Motiview**

10:00am

'Get Moving' w/ Physio

10:30am

Hoy (1st, 3rd & 5th Tue) OR Bingo (2nd & 4th Tue)

1:30pm

Carpet Bowls

at Burradoo

(Meet in Front Foyer for Bus to Burradoo. Departure at 1:30pm sharp, Return by 4pm)

2:30pm

Classic Movie Afternoon (see "Now Showing" Poster)

WEDNESDAY

8:30am-noon Motiview**

8:30am

Grandfriends Outing**

(Oxley Yr2)

9:30am

Harbison Playgroup (during school term only)

10:00am

'Get Moving' w/ Physio

10:30am

Monthly Murder Mystery Sleuths
(1st Wed)
OR

<u>OR</u>

Word Puzzles & Trivia (2nd, 4th, & 5th Wed)

OR

Cooking Experience w/ Head Chef (3rd Wed)

1:30pm

Creative Art Hour w/ Art Instructor Elizabeth (w/ BD residents)

1:30pm

Mahjongg

2:00pm

Master Balance*

THURSDAY

8:30am-noon Motiview**

10:00am

'Get Moving' w/ Physio

10:30am

Chapel Service

1:00pm // 2:00pm

Knitting Group w/ Pam, followed by Piano Singalong w/ Geoff (Fortnightly: 2nd & 4th Thu)

1:30pm

Grandfriends
(Glengarry Scots College)

2:00pm

Dance Party*

FRIDAY

8:30am-noon Motiview**

10:00am

'Get Moving' w/ Physio

10:30am

Marbles
(1st, 3rd & 5th Fri)
OR
Readers' Theatre
(2nd & 4th Fri)

1:30pm

Model Railway Construction Group

1:30pm

Cribbage, Scrabble, and Dominoes

1:30pm-3:30pm

HAPPY HOUR!

^{*}Requires booking. Please see a member of Staff to sign-up

BURRADOO ACTIVITIES SPRING 2024

PLEASE NOTE THAT DURING THE MONTH OF OCTOBER, MOTIVIEW ROAD WORLDS FOR SENIORS COMPETITION WILL TAKE PRECEDENT OVER SEVERAL ACTIVITIES. PLEASE SEE STAFF IF YOU SEEK CLARIFICATION DURING THIS TIME

MONDAY

8:30am-noon Motiview**

9:00am
Grandfriends Outing**
(Oxley Pre-K)

10:00am

'Get Moving' w/ Physio

10:30am

Word Puzzles & Trivia
(1st, 3rd & 5th Mon)
OR
Safari Race
(2nd & 4th Mon)

2:00pm

Grandfriends (Chevalier College)

3:20pm

Monday Movie (see Cinema "Now Showing" Board)

TUESDAY

8:30am-noon Motiview**

9:30am

Harbison Playgroup (during School Term only)

10:00am

'Get Moving' w/ Physio

10:30am

Bingo!

2:00pm

Carpet Bowls (with MV residents)

4:00pm

Grandfriends (Frensham)

WEDNESDAY

8:30am-noon Motiview**

9:00am

Grandfriends Outing**
(Oxley Yr2)

10:00am

'Get Moving' w/ Physio

10:30am

Music and Poetry Appreciation
(1st, 3rd & 5th Wed)

OR

Spring Garden Group
(2nd & 4th Wed)

1:15pm

Creative Art Hour w/ Art Instructor Elizabeth

at Moss Vale

(Meet in Front foyer for Bus to Moss Vale. Departure at 1:15pm sharp, Return by 4pm)

1:30pm

Ladies' Leisure Group

2:00pm

Master Balance*

THURSDAY

8:30am-noon Motiview**

9:30am

Harbison Playgroup (during School Term only)

10:00am

'Get Moving' w/ Physio

10:30am

Monthly Murder Mystery Sleuths

(1st Thur)

OR

Finska

(2nd, 4th, & 5th Thur)

OR

Cooking Experience w/ Head Chef

1:00pm // 2:00pm

(3rd Thur)

Knitting group w/ Pam followed by Piano Singalong w/ Geoff (1st, 3rd Thur)

1:30pm

Chapel Service
(2nd, 4th Thur)
//
St.Judes' Fellowship Group
(3rd Thur)

1:30pm

Dance Party*

2:00pm

Grandfriends

(St.Thomas Aquinas: 2nd & 4th Thur)

FRIDAY

8:30am-noon
Motiview**

10:00am

Catholic Communion*

(Individual visits)

10:00am

'Get Moving' w/ Physio

10:30am

Scenic Bus Tour*

10:30am

Bocce Spider Bowls
(1st, 3rd & 5th Fri)
OR
Marbles
(2nd & 4th Fri)

1:30pm-3:30pm

HAPPY HOUR!

2:00pm

Bridge

^{*}Requires booking. Please see a member of Staff to sign-up