## **JUNE 2025**

## **Moss Vale Activities**

## NOTE: Motiview 'State of Origin: NSW v TAS' Special Event - Monday 16/6 through to Friday 27/6

Monday	Tuesday	Wednesday	Thursday
AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**
9:30am Catholic Communion Visits (9/6 & 23/6)	<ul> <li>9am</li> <li>Harbison Playgroup Outing*/***</li> <li>(Harbison Burradoo)</li> </ul> 10am <ul> <li>'Get Moving' Exercise group</li> <li>(Activities Room)</li> </ul>	9:30am Grandfriends Outing*** (Oxley College)	10am <b>'Get Moving' Exercise group</b> (Activities Room)
10am Tai Chi Relaxation Class (Penrose Lounge)		<b>10am</b> <b>'Get Moving' Exercise group</b> (Activities Room) <b>Palliative Care Seminar Talk</b> (w/ Guest Speakers PAX; 18/6)	<b>10.30am</b> <b>Chapel Service</b> (5/6 w/ John Aynsley; 12/6 & 26/6 w/ Angus Webster; 19/6 w/ John Lineker & Margaret C)
<b>'Get Moving' Exercise Group</b> (Activities Room) <b>10:30am</b>			
Bocce Spider-Bowls (Penrose Lounge; 2/6, 16/6 & 30/6) Music & Poets' Society (Activities Room; 23/6)	6) 10.30am Bingo! (Mandemar Lounge; 3/6 & 17/6) Hoy! (Mandemar Lounge; 10/6 & 24/6) Ipm Carpet Bowls* (Harbison Burradoo)	<mark>10.30am Word Puzzles &amp; Trivia</mark> (Joadja Lounge)	<mark>1:30pm Board Games &amp; Bevvies</mark> (Library & Communal Lounges)
Ipm Art-Making Workshop w/ River			
Road Creative Academy – The Wizard of Oz* (Harbison Burradoo; 2/6 & 16/6)		<b>1:30pm Harbison Art Club</b> (Berrima Lounge) <b>Mahjongg</b> (Library)	<ul> <li>2pm Mystery Scenic Bus Tour* (departing from Front foyer)</li> <li>Line Dancing w/ Reablement Team (Activities Room)</li> <li>Capernwray College Students Visit (5/6 &amp; 19/6)</li> </ul>
<b>1:30pm Ladies' Leisure Group</b> (Berrima Lounge)			
(W/ Pam Heikkinen; 2/6 & 16/6)		<mark>2pm Reablement Balance Class</mark> (Gym)	
<b>2pm</b> <b>Rehab and Rally</b> (Activities Room)			

\*Requires pre-booking via Signup board in Dining Room (next to Piano)

\*\*Requires Membership



## Friday

AVAILABLE ANY TIME OF DAY Motiview\*\*

9:30am Model Railway Group (Wingello Lounge)

10am Tai Chi Relaxation Class (Penrose Lounge)

**'Get Moving' Exercise Group** (Activities Room)

10:30am Marbles (Alpine Lounge; 6/6 & 20/6)

Readers' Theatre (Activities Room; 13/6 & 27/6)

11.30am Special Lunch Outing in Town\* (13/6 & 27/6)

1:30pm - 3:30pm HAPPY HOUR (Three Cows Cafe & Dining Hall)

2pm Grand Piano Singalong (Dining Hall)

**\*\*\*During School Term ONLY**