Moss Vale Activities



Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**
9:30am Catholic Communion Visits (12/5 & 26/5)	9am Harbison Playgroup Outing*/*** (Harbison Burradoo) 10am 'Get Moving' Exercise group (Activities Room)	9:30am Grandfriends Outing*** (Oxley College)	10am 'Get Moving' Exercise group (Activities Room)	10am Tai Chi Relaxation Class (Penrose Lounge)
10am Tai Chi Relaxation Class		10am 'Get Moving' Exercise group (Activities Room) 10.30am Word Puzzles & Trivia (Joadja Lounge)	10.30am Chapel Service (1/5 w/ John Aynsley; 8/5 & 22/5 w/ Angus Webster; 15/5 & 29/5 w/ John Lineker & Margaret C)	'Get Moving' Exercise Group (Activities Room)
(Penrose Lounge) 'Get Moving' Exercise Group (Activities Room)				10:30am Readers' Theatre (Penrose Lounge OR Activities
0:30am Bocce Spider-Bowls Penrose Lounge; 5/5 & 19/5)	10.30am Bingo! (Mandemar Lounge; 6/5 & 20/5) Hoy! (Mandemar Lounge; 13/5 & 27/5)		11.30am Scots Glengarry Students Visit*** (Dining Hall)	Room; 2/5, 16/5 & 30/5) Marbles (Alpine Lounge; 9/5 & 23/5)
Music & Poets' Society (Activities Room; 12/5 & 26/5)				11.30am Special Lunch Outing in Town*
Ipm Monday Movie Matinee* OR Art-Making with Creative Road Academy - The Wizard of Oz*		1:30pm Harbison Art Club (Berrima Lounge) Mahjongg (Library)	1:30pm Board Games & Bevvies (Library & Communal Lounges) Line Dancing w/ Reablement team (Activities Room)	(2/5, 16/5 & 30/5) 1:30pm HAPPY HOUR (Three Cows Cafe & Dining Hall)
(Harbison Burradoo) 1:30pm Ladies' Leisure Group (Berrima Lounge) Knitting Group (w/ Pam Heikkinen; 5/5 & 19/5)	1:30pm Carpet Bowls Outing* (departing from front foyer, estimated return 4pm)		2pm Mystery Scenic Bus Tour* (departing from Front foyer) Capernwray College Students Visit (8/5 & 22/5)	Model Railway Group (Wingello Lounge)
		2pm Reablement Balance Class (Gym)		2pm Grand Piano Singalong (Dining Hall)
2pm Rehab and Rally (Activities Room)				

^{*}Requires pre-booking via Signup board in Activities Lounge