

NOTE: Please refer to Daily Activities on Mandoe screens for any changes

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**
10am 'Get Moving' Exercise Group Activities Lounge	9am Harbison Playgroup Outing*** Harbison Burradoo (booking essential)	9:30am Grandfriends Outing Oxley College	10am 'Get Moving' Exercise Group Activities Lounge	9:30am Model Railway Group Wingello Lounge
Tai Chi Relaxation Class Penrose Lounge				Playgroup & Tovertafel at Wingecarribee Library Outing* Moss Vale Library (22/8)
10:30am Poets' Society Activities Room (4/8 & 18/8)	10am 'Get Moving' Exercise Group Activities Lounge	10am 'Get Moving' Exercise Group Activities Lounge	10:30am Chapel Service w/ John Aynsley (7/8) w/ Angus Webster (14/8 & 28/8) w/ John Lineker & Margaret (21/8)	10am 'Get Moving' Exercise Group Activities Lounge
Musical Maestros Activities Room (11/8 & 25/8)	10:30am Bingo! Western Louge (5/8 & 19/8)	10:30am Word Puzzles & Trivia Joadja Lounge		Tai Chi Relaxation Class Penrose Lounge
1:30pm Ladies' Leisure Group Berrima Lounge	Hoy! Mandemar Lounge (12/8 & 26/8)	1:30pm Harbison Art Group Berrima Lounge	1:30pm Board Games w/ Glengarry Scots College Students Library & Dining Hall)	10:30am Marbles Alpine Lounge (1/8, 15/8 & 29/8)
Knitting Group with Pam Heikkinen (4/8 & 18/8)	1pm Carpet Bowls* Harbison Burradoo Bowling Green	Mahjongg Library		Finska! Penrose Lounge (8/8 & 22/8)
2pm Rehab & Rally Gym	1:30pm Bocce Spider Bowls Penrose Lounge (12/8 & 26/8)	2pm Reablement Balance Class Gym	2pm Mystery Scenic Bus Tour* Meet at Front Entrance	11:30am Special Lunch Outing* The Scottish Arms (15/8) Mittagong RSL (29/8)
3:30pm Readers' Theatre Activities Room	2pm Piano Singalong Dining Hall (5/8 & 19/8)	3:30pm Armchair Travel Activities Room	Music & Movement Exercise Avoca	1:30-3:30pm HAPPY HOUR Cafe & Dining Room
			Capernwray College Students Visit (28/8)	

*Requires pre-booking via Signup board in Dining Room

**Requires Membership

***School Term ONLY