

Moss Vale Activities



NOTE: School Holidays from Mon 7th – Fri 18th July. Special Vacation Care Intergenerational Activities will occur during this time. Please refer to daily Activity fliers.

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**
9:30am Catholic Communion Visits (7/7 & 21/7)	9am Harbison Playgroup Outing*/*** (Harbison Burradoo)	9:30am Grandfriends Outing*** (Oxley College)	10am 'Get Moving' Exercise group (Activities Room)	9:30am Model Railway Group (Wingello Lounge)
10am Tai Chi Relaxation Class (Penrose Lounge)		10am 'Get Moving' Exercise group (Activities Room)		Playgroup & Tovertafel at Wingecarribee Library Outing* (25/7)
'Get Moving' Exercise Group (Activities Room)	10am 'Get Moving' Exercise group (Activities Room)		10.30am Chapel Service (3/7 w/ John Aynsley; 10/7 & 24/7 w/ Angus Webster; 17/7 w/ John Lineker & Margaret C)	10am Tai Chi Relaxation Class (Penrose Lounge)
10:30am A History of Musical Maestros & Poets (Activities Room; 7/7 & 21/7)	10.30am Bingo! (Mandemar Lounge; 1/7. 15/7, & 29/7)	10.30am Outdoor Walking Group Outing* (Alternating between Southern Highlands Botanical Gardens / Lake Alexandra)		'Get Moving' Exercise Group (Activities Room)
Bocce Spider-Bowls (Penrose Lounge; 14/7 & 28/7)		Word Puzzles & Trivia (Joadja Lounge)	1:30pm Board Games & Bevvies (Library & Communal Lounges)	10:30am Marbles (Alpine Lounge; 4/7 & 18/7)
	Hoy! (Mandemar Lounge; 8/7 & 22/7)		Glengarry Scots College Visit*** (31/7)	Readers' Theatre (Activities Room; 11/7 & 25/7)
1:30pm Ladies' Leisure Group (Berrima Lounge)		1:30pm Harbison Art Club (Berrima Lounge)		11.30am Special Lunch Outing in Town* (18/7)
Knitting Group (w/ Pam Heikkinen; 7/7 & 21/7)		Mahjongg (Library)	2pm Mystery Scenic Bus Tour* (departing from Front foyer)	
	1pm Carpet Bowls* (Harbison Burradoo)		Line Dancing w/ Reablement Team (Activities Room)	1:30pm – 3:30pm HAPPY HOUR (Three Cows Cafe & Dining Hall)
2pm Rehab and Rally (Activities Room)		2pm Reablement Balance Class (Gym)	Capernwray College Students Visit (3/7 & 17/7)	2pm Grand Piano Singalong (Dining Hall; 4/7 & 18/7)

*Requires pre-booking via Signup board in Dining Room (next to Piano)

**Requires Membership

***During School Term ONLY