

Moss Vale Activities



NOTE: Please refer to the Daily Activities Sheets displayed on Mandoe Screens & Activity Whiteboards for any changes / special events.

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**	AVAILABLE ANY TIME OF DAY Motiview**
10am 'Get Moving' Exercise Group Activities Room	9am Harbison Playgroup Outing Harbison Burradoo	9:30am Grandfriends Outing Oxley College (12/11 & 26/11)	10am 'Get Moving' Exercise Group Activities Room	9:30am Model Railway Crew Wingello Lounge
Tai Chi Relaxation Penrose Lounge				Mystery Scenic Bus Tour* (7/11 & 21/11)
10:30am 500 Card Game Group Alpine Lounge	10am 'Get Moving' Exercise Group Activities Room	10am 'Get Moving' Exercise Group Activities Room	10:30am Chapel Service Chapel	Tovertafel at Wingecarribee Public Library* w/ Harbison Playgroup (28/11)
Poets & Musical Maestros Activities Room (3/11 & 17/11)	10:30am Bingo! Mandemar Lounge (4/11 & 18/11)	10:30am Word Puzzles & Trivia Joadja Lounge		10am 'Get Moving' Exercise Group Activities Room
Readers' Theatre Activities Room (10/11 & 24/11)	Hoy! Mandemar Lounge (25/11)			Tai Chi Relaxation Penrose Lounge
1:30pm Piano Singalong Activities Room (10/11 & 24/11)		1:30pm 'The Art Birds of Harbison' Berrima Lounge	1:30pm Board Games & Bevvies Library & Dining Hall	10:30am Marbles Alpine Lounge (7/11 & 21/11)
	1pm Carpet Bowls* Harbison Burradoo Bowling Green	Mahjong Group Activities Room		Bocce Spider-Bowls Penrose Lounge (14/11 & 28/11)
2pm Rehab & Rally Activities Room (3/11 & 17/11) / Gardens (10/11 & 24/11)	1:30pm Ladies' Leisure Group Activities Room		2pm Capernwray College Students Visit Library & Communal Lounges (6/11 & 20/11)	11:30am Special Lunch Outing* Scottish Arms, Bowral (14/11)
3:45pm St Pauls College Students Visit (3/11, 10/11, 17/11)	Knitting Group w/ Pam Heikkinen (4/11 & 18/11)	2pm Reablement Balance Class Gym		1:30-3:30pm HAPPY HOUR Cafe & Library