

Burradoo Activities



Note: Vacation Care Winter School Holidays Program will run in conjunction between 6th and 17th July – See Daily Activities Fliers for details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AVAILABLE ANY TIME & other Self-Directed Leisure	AVAILABLE ANY TIME 9:30am depart – 11am return Walk ‘n’ Talk at the Lake* (or Scenic Tour in event of Adverse Weather) Lake Alexandra	AVAILABLE ANY TIME 9:30am – 10:30am Men’s Group w/ John Elvy Cafe Charlotte (28/7)	AVAILABLE ANY TIME 10am – 10:30am Get Moving Exercises w/ Reablement Team Activities Lounge	AVAILABLE ANY TIME 10am – 10:30am Music & Movement Activities Lounge	AVAILABLE ANY TIME 9:30am – 11am Mystery Scenic Bus Tour* (24/7)	AVAILABLE ANY TIME 10am – 10:30am Get Moving Exercises w/ Reablement Team Activities Lounge
	10am – 10:30am Get Moving Exercises w/ Reablement Team Activities Lounge	10am – 10:30am Music & Movement Activities Lounge OR Balloon Tennis Cinema	10am – 11:30am Sensory & Cognitive Activity Morning with Engagement Team South Cottage	10:30am – 11:45am Bocce Spider Bowls Theatre Lounge OR Marbles Theatre Lounge	10am – 10:30am Get Moving Exercises Activities Lounge	10:30am – 11am Get Moving Exercises with Reablement Team South Cottage
	10:30am – 11am Get Moving Exercises South Cottage	10:30am – 11:45am Bingo! Dining Hall	10:30am – 11:30am Arts and Crafts Communal space	1:30pm – 3:30pm ‘The Art Birds of Harbison’ Beginner AND Advanced Artists Welcome! (2/7, 16/7 & 30/7)	10:30am – 11:45am Word Puzzles & Trivia Activities Lounge	
	10:30am – 11:45am Music & Poetry Group Cinema OR On This Day in History Theatre Lounge	1pm – 1:30pm Balance Class w/ Reablement Team Gym	1pm – 2pm Rehab & Rally w/ Reablement Team in Gym 1:30pm – 2:30pm Rehab & Rally w/ Reablement Team in North Cottage	1:30pm – 2:30pm Chapel Service (9/7 & 23/7) St.Judes Anglican Fellowship (16/7) 2:30pm – 3:15 Seated Dance Class Activities Lounge	1:30pm – 3:30pm HAPPY HOUR & Mahjongg Theatre Lounge & Cottages Clarinet with Adrienne (Fortnightly) 2pm – 4pm Bridge Club Activities Lounge	1pm – 4:30pm Self-directed Activities and 1:1's w/ Reablement Team
4pm – 8pm NRL Rugby League on Kayo Communal Lounge TV’s (see Draw for weekly fixtures)	1:30pm – 3:30pm Mahjongg, Chess, and Scrabble Groups Dining Hall / Mahjongg Corner Classic Movie Monday (see “Now Showing” board for today’s movie) Cinema 4pm – 5pm Activities and 1:1's w/ Duke of Edinburgh Students	1:30pm – 2:30pm Carpet Bowls Activities Lounge 2:30 – 3pm Cafe Connect Cafe Charlotte	1:30pm – 3:30pm Ladies’ Leisure Group Activities Lounge OR 1:30pm – 2:30pm Name that Tune Dining area	4pm – 5pm Activities and 1:1's w/ Duke of Edinburgh Students	4pm – 5pm Activities and 1:1's w/ Duke of Edinburgh Students 6pm – 10pm NRL Rugby League on Kayo Communal Lounge TV’s (see Draw for fixtures)	3pm – 9:30pm NRL Rugby League on Kayo Communal Lounge TV’s (see Draw for weekly fixtures)

JULY 2026

Moss Vale Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AVAILABLE ANY TIME  10am – 10:30am Get Moving Exercises Avoca Lounge 1pm – 4:30pm Self-directed Activities and 1:1's w/ Reablement Team 4pm – 8pm NRL Rugby League on Kayo Communal Lounge TV's (see Draw for weekly fixtures)	AVAILABLE ANY TIME  10am – 10:30am Get Moving Exercises Activities Room 10:30am – 12pm Readers' Theatre Activities Room OR Word Puzzles & Trivia Alpine Lodge 1pm – 1:30pm Tai Chi Relaxation Group Penrose Lounge 1:30pm – 2:30pm Bocce Spider-Bowls Penrose Lounge 2:30 – 3pm Cafe Connect Three Cows Cafe	AVAILABLE ANY TIME  9:30am – 10:30am Men's Group w/ John Elvy Three Cows Cafe (14/7) 10am – 10:30am Get Moving Exercises Activities Room 10:30am – 12pm Bingo! Mandemar Lodge OR 10:30am – 11:30am Balloon Tennis Avoca Lodge 1pm depart – 3:30pm return Carpet Bowls at Burradoo* Burradoo Bowling Green 1:30pm – 3:30pm Ladies' Leisure Group Activities Room	AVAILABLE ANY TIME  9:30am depart – 11am return Walk 'n' Talk at the Lake* (or Scenic Tour in event of Adverse Weather) Lake Alexandra 10am – 10:30am Get Moving Exercises Activities Room 10:30am – 12pm Word Puzzles & Trivia Joadja Lounge 1:30pm – 4pm 'The Art Birds of Harbison' Beginner AND Advanced Artists Welcome! Berrima Lounge Mahjongg/Board Games Activities Room 1:30pm – 2:30pm Catholic Mass Service Chapel (1/7 only) 2pm – 3pm Balance Class w/ Reablement Team Gym	AVAILABLE ANY TIME  10am – 10:30am Get Moving Exercises Activities Room 10:30am – 11:30am Chapel Service Chapel 10:30am – 12pm Finska! Activities Room 1:30pm – 3pm Board Games, Beverages, and Blackjack Activities Room & Library OR 1:30pm – 2:30pm Balloon Tennis Wingello Lodge 2pm – 3pm Balance Class w/ Reablement Team Gym 3pm – 3:45pm Name that Tune Activities Room 8pm – 10pm NRL Rugby League on Kayo Communal Lounge TV's (see Draw for weekly fixtures)	AVAILABLE ANY TIME  9:30am – 11am Mystery Scenic Bus Tour* (3/7) 10am – 10:30am Get Moving Exercises Activities Room 10:30am – 12pm Model Railway Crew Activities Room Marbles Alpine Lodge 11am – 11:45am Seated Dance Class Chapel 1pm – 1:30pm Tai Chi Relaxation Group Penrose Lounge 1:30pm – 3:30pm HAPPY HOUR Three Cows Cafe & Library Clarinet with Adrienne (Fortnightly) Mahjongg Activities Room 6pm – 10pm NRL Rugby League on Kayo Communal Lounge TV's (see Draw for weekly fixtures)	AVAILABLE ANY TIME  10am – 10:30am Get Moving Exercises Activities Room 1pm – 4:30pm Self-directed Activities and 1:1's w/ Reablement Team 3pm – 9:30pm NRL Rugby League on Kayo Communal Lounge TV's (see Draw for weekly fixtures)

***Booking essential via Signup board outside Salon**

***School Term ONLY